



Regionale Vriesel

Ranst 1.11.2022

TROL

Lia DE KERF

TROL

Omloop : D:05

Afstand : 2970m

Tijd : 0:55:27 (18'40"/km)

2/8

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Paulette BLOMMEN | 0:47:39 |
| 3. Nadine VERLINDEN | 1:03:31 |

1.	88	00:07:18		368m	19'50"/km
2.	102	00:03:12	00:10:30	264m	12'07"/km
3.	89	00:06:17	00:16:47	400m	15'42"/km
4.	103	00:03:12	00:19:59	131m	24'26"/km
5.	96	00:04:15	00:24:14	215m	19'46"/km
6.	99	00:02:46	00:27:00	247m	11'12"/km
7.	90	00:03:08	00:30:08	165m	18'59"/km
8.	91	00:05:08	00:35:16	256m	20'03"/km
9.	92	00:02:48	00:38:04	103m	27'11"/km
10.	93	00:03:20	00:41:24	154m	21'39"/km
11.	94	00:04:10	00:45:34	102m	40'51"/km
12.	95	00:03:01	00:48:35	164m	18'24"/km
13.	101	00:02:56	00:51:31	126m	23'17"/km
14.	97	00:02:49	00:54:20	173m	16'17"/km
15.	999	00:01:07	00:55:27	98m	11'24"/km

HELGA
Orienteering Software