



## Regionale Vriesel

Ranst 1.11.2022

### TROL

**Marie-Christine METTEN**

K.O.L.

Omloop : D:04

Afstand : 3870m

Tijd : 0:56:14 (14'32"/km)

5/8

O.K.

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- |                       |         |
|-----------------------|---------|
| 1. Ellen DE BIE       | 0:41:57 |
| 2. Betty DE MEYER     | 0:45:47 |
| 3. Cécile VAN BRUSSEL | 0:52:28 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 71  | 00:04:17 |          | 428m | 10'00"/km |
| 2.  | 92  | 00:06:39 | 00:10:56 | 506m | 13'09"/km |
| 3.  | 91  | 00:03:13 | 00:14:09 | 103m | 31'14"/km |
| 4.  | 90  | 00:05:20 | 00:19:29 | 256m | 20'50"/km |
| 5.  | 99  | 00:01:51 | 00:21:20 | 165m | 11'13"/km |
| 6.  | 89  | 00:04:49 | 00:26:09 | 386m | 12'29"/km |
| 7.  | 88  | 00:07:43 | 00:33:52 | 529m | 14'35"/km |
| 8.  | 93  | 00:10:24 | 00:44:16 | 694m | 14'59"/km |
| 9.  | 94  | 00:02:12 | 00:46:28 | 102m | 21'34"/km |
| 10. | 95  | 00:01:56 | 00:48:24 | 164m | 11'47"/km |
| 11. | 101 | 00:02:44 | 00:51:08 | 126m | 21'42"/km |
| 12. | 96  | 00:03:09 | 00:54:17 | 206m | 15'17"/km |
| 13. | 97  | 00:01:06 | 00:55:23 | 107m | 10'17"/km |
| 14. | 999 | 00:00:51 | 00:56:14 | 98m  | 8'40"/km  |

HELGA

Orienteering Software