



Sprint 1: Lokeren

Lokeren 16.10.2022

TROL

Anne HEIKOOP

K.O.L.

Omloop : H:03

Afstand : 1950m

Tijd : 0:17:28 (8'57"/km)

4/19

O.K.

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- | | |
|-----------------------|---------|
| 1. Thor DE MITS | 0:14:42 |
| 2. Giel PARDOEL | 0:16:52 |
| 3. Gerrit VAN DE RIET | 0:17:26 |

1.	35	00:02:26		224m	10'52"/km
2.	43	00:01:16	00:03:42	143m	8'51"/km
3.	44	00:00:53	00:04:35	106m	8'20"/km
4.	47	00:01:35	00:06:10	156m	10'09"/km
5.	49	00:00:24	00:06:34	35m	11'26"/km
6.	50	00:01:37	00:08:11	102m	15'51"/km
7.	38	00:03:09	00:11:20	450m	7'00"/km
8.	37	00:01:04	00:12:24	112m	9'31"/km
9.	36	00:00:52	00:13:16	106m	8'11"/km
10.	32	00:01:33	00:14:49	188m	8'15"/km
11.	31	00:00:37	00:15:26	49m	12'35"/km
12.	34	00:00:57	00:16:23	125m	7'36"/km
13.	33	00:00:42	00:17:05	94m	7'27"/km
14.	999	00:00:23	00:17:28	62m	6'11"/km

HELGA

Orienteering Software