



Sprint 1: Lokeren

Lokeren 16.10.2022

TROL

Jan CAPPAERT

TROL

Omloop : H:01

Afstand : 3420m

Tijd : 0:26:49 (7'50"/km)

9/29

O.K.

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- | | |
|--------------------|---------|
| 1. Warre DE CUYPER | 0:19:38 |
| 2. Corneel CASIER | 0:21:43 |
| 3. Kim JANSEN | 0:22:16 |

1.	46	00:02:54	359m	8'05"/km
2.	49	00:00:33 00:03:27	51m	10'47"/km
3.	69	00:03:10 00:06:37	344m	9'12"/km
4.	68	00:01:56 00:08:33	229m	8'27"/km
5.	67	00:00:37 00:09:10	91m	6'47"/km
6.	65	00:01:15 00:10:25	157m	7'58"/km
7.	63	00:01:00 00:11:25	171m	5'51"/km
8.	57	00:01:58 00:13:23	309m	6'22"/km
9.	59	00:00:33 00:13:56	76m	7'14"/km
10.	61	00:00:36 00:14:32	92m	6'31"/km
11.	62	00:00:24 00:14:56	51m	7'51"/km
12.	58	00:00:40 00:15:36	108m	6'10"/km
13.	60	00:00:21 00:15:57	51m	6'52"/km
14.	56	00:03:13 00:19:10	168m	19'09"/km
15.	55	00:01:07 00:20:17	222m	5'02"/km
16.	51	00:01:14 00:21:31	143m	8'37"/km
17.	52	00:00:17 00:21:48	31m	9'08"/km
18.	48	00:01:20 00:23:08	170m	7'51"/km
19.	45	00:00:32 00:23:40	68m	7'51"/km
20.	42	00:01:06 00:24:46	186m	5'55"/km
21.	34	00:00:47 00:25:33	119m	6'35"/km
22.	35	00:00:24 00:25:57	66m	6'04"/km
23.	33	00:00:34 00:26:31	93m	6'06"/km
24.	999	00:00:18 00:26:49	62m	4'50"/km

Orienteering Software