BEL Meisterschaft Langdistanz
Schlierbach 4.9.2022
O.L.G. St. Vith ARDOC

Serge BAERT
N.S.V. Amel
Strecke : H55
Länge : 5640m (Steigung 200m)
Zeit : 0:50:01 (8'52"/km)

6/24 O.K.

Vollständige Ergebnisse auf Webres

1.	Robert THEISS	0:42:24
2.	Iwan VIS	0:45:28
3.	Dirk GOOSSENS	0:45:36

1.	131	00:03:14		318m	10'10"/km
2.	105	00:00:55	*00:04:09*	99m	9'16"/km
3.	104	00:14:08	*00:18:17*	1629m	8'41"/km
4.	116	00:02:36	*00:20:53*	177m	14'41"/km
5.	111	00:03:48	*00:24:41*	415m	9'09"/km
6.	135	00:04:26	*00:29:07*	557m	7'58"/km
7.	115	00:02:48	*00:31:55*	343m	8'10"/km
8.	151	00:06:39	*00:38:34*	946m	7'02"/km
9.	152	00:04:35	*00:43:09*	433m	10'35"/km
10.	98	00:05:19	*00:48:28*	386m	13'46"/km
11.	165	00:01:08	*00:49:36*	98m	11'34"/km
12.	999	00:00:25	*00:50:01*	97m	4'18"/km

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