BEL Meisterschaft Langdistanz
Schlierbach 4.9.2022
O.L.G. St. Vith ARDOC

Bart MELLEBEEK
hamok
Strecke : H55
Länge : 5640m (Steigung 200m)
Zeit : 0:46:43 (8'17"/km)

4/24 O.K.

Vollständige Ergebnisse auf Webres

1.	Robert THEISS	0:42:24
2.	Iwan VIS	0:45:28
3.	Dirk GOOSSENS	0:45:36

1.	131	00:03:05		318m	9'42"/km
2.	105	00:00:41	*00:03:46*	99m	6'54"/km
3.	104	00:11:54	*00:15:40*	1629m	7'18"/km
4.	116	00:02:29	*00:18:09*	177m	14'02"/km
5.	111	00:03:55	*00:22:04*	415m	9'26"/km
6.	135	00:04:46	*00:26:50*	557m	8'33"/km
7.	115	00:02:27	*00:29:17*	343m	7'09"/km
8.	151	00:07:06	*00:36:23*	946m	7'30"/km
9.	152	00:04:34	*00:40:57*	433m	10'33"/km
10.	98	00:04:17	*00:45:14*	386m	11'06"/km
11.	165	00:01:05	*00:46:19*	98m	11'03"/km
12.	999	00:00:24	*00:46:43*	97m	4'07"/km

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