



BEL Meisterschaft Langdistanz

Schlierbach 4.9.2022

O.L.G. St. Vith ARDOC

Patrick HOCK

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Strecke : H45

Länge : 7820m (Steigung 255m)

Zeit : 1:25:47 (10'58"/km)

19/26

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|-----------------------|---------|
| 1. Christophe BERNARD | 0:55:03 |
| 2. Guido LENGES | 1:00:47 |
| 3. Vincent SILLIEN | 1:03:59 |

1.	105	00:05:20		370m	14'25"/km
2.	96	00:02:45	00:08:05	351m	7'50"/km
3.	106	00:05:26	00:13:31	465m	11'41"/km
4.	102	00:12:41	00:26:12	1124m	11'17"/km
5.	112	00:01:59	00:28:11	161m	12'19"/km
6.	113	00:03:02	00:31:13	282m	10'45"/km
7.	114	00:02:56	00:34:09	242m	12'07"/km
8.	133	00:10:35	00:44:44	1097m	9'39"/km
9.	111	00:05:01	00:49:45	431m	11'38"/km
10.	135	00:05:24	00:55:09	557m	9'42"/km
11.	108	00:03:59	00:59:08	220m	18'06"/km
12.	115	00:01:33	01:00:41	141m	11'00"/km
13.	151	00:08:57	01:09:38	946m	9'28"/km
14.	152	00:06:25	01:16:03	433m	14'49"/km
15.	88	00:02:26	01:18:29	200m	12'10"/km
16.	94	00:01:40	01:20:09	149m	11'11"/km
17.	98	00:03:13	01:23:22	310m	10'23"/km
18.	165	00:01:49	01:25:11	98m	18'32"/km
19.	999	00:00:36	01:25:47	97m	6'11"/km

Orienteering Software