



BEL Meisterschaft Langdistanz

Schlierbach 4.9.2022

O.L.G. St. Vith ARDOC

Tomas HENDRICKX

hamok

Strecke : HE

Länge : 14290m (Steigung 590m)

Zeit : 1:48:32 (7'36"/km)

10/24

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Yannick MICHIELS	1:23:05
2. Mathias BLAISE	1:30:57
3. Simon KREKELS	1:33:10

1.	131	00:02:43	318m	8'33"/km
2.	132	00:00:49 00:03:32	166m	4'55"/km
3.	133	00:10:28 00:14:00	1696m	6'10"/km
4.	134	00:03:42 00:17:42	507m	7'18"/km
5.	135	00:02:56 00:20:38	353m	8'19"/km
6.	115	00:02:09 00:22:47	343m	6'16"/km
7.	99	00:05:21 00:28:08	894m	5'59"/km
8.	103	00:05:51 00:33:59	760m	7'42"/km
9.	138	00:04:07 00:38:06	268m	15'22"/km
10.	139	00:05:20 00:43:26	661m	8'04"/km
11.	140	00:01:04 00:44:30	206m	5'11"/km
12.	141	00:01:46 00:46:16	313m	5'39"/km
13.	142	00:05:51 00:52:07	845m	6'55"/km
14.	118	00:03:21 00:55:28	448m	7'29"/km
15.	119	00:01:46 00:57:14	265m	6'40"/km
16.	120	00:03:00 01:00:14	308m	9'44"/km
17.	97	00:01:42 01:01:56	306m	5'33"/km
18.	144	00:06:37 01:08:33	845m	7'50"/km
19.	162	00:02:12 01:10:45	171m	12'52"/km
20.	146	00:03:51 01:14:36	358m	10'45"/km
21.	163	00:04:09 01:18:45	592m	7'01"/km
22.	147	00:04:41 01:23:26	610m	7'41"/km
23.	148	00:02:43 01:26:09	238m	11'25"/km
24.	149	00:05:06 01:31:15	444m	11'29"/km
25.	150	00:03:10 01:34:25	398m	7'57"/km
26.	153	00:05:08 01:39:33	738m	6'57"/km
27.	152	00:03:11 01:42:44	275m	11'35"/km
28.	88	00:01:14 01:43:58	200m	6'10"/km
29.	94	00:01:04 01:45:02	149m	7'10"/km
30.	117	00:01:47 01:46:49	230m	7'45"/km
31.	165	00:01:17 01:48:06	148m	8'40"/km
32.	999	00:00:26 01:48:32	97m	4'28"/km