



BEL Meisterschaft Langdistanz

Schlierbach 4.9.2022

O.L.G. St. Vith ARDOC

François VAN DER OUDERAA

ASUB

Strecke : HE

Länge : 14290m (Steigung 590m)

Zeit : 1:36:31 (6'45"/km)

7/24

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Yannick MICHIELS	1:23:05
2. Mathias BLAISE	1:30:57
3. Simon KREKELS	1:33:10

1.	131	00:02:42		318m	8'29"/km
2.	132	00:00:46	00:03:28	166m	4'37"/km
3.	133	00:10:33	00:14:01	1696m	6'13"/km
4.	134	00:03:18	00:17:19	507m	6'31"/km
5.	135	00:02:12	00:19:31	353m	6'14"/km
6.	115	00:01:49	00:21:20	343m	5'18"/km
7.	99	00:04:44	00:26:04	894m	5'18"/km
8.	103	00:04:25	00:30:29	760m	5'49"/km
9.	138	00:03:17	00:33:46	268m	12'15"/km
10.	139	00:04:30	00:38:16	661m	6'48"/km
11.	140	00:01:05	00:39:21	206m	5'16"/km
12.	141	00:01:40	00:41:01	313m	5'19"/km
13.	142	00:05:01	00:46:02	845m	5'56"/km
14.	118	00:02:35	00:48:37	448m	5'46"/km
15.	119	00:01:43	00:50:20	265m	6'29"/km
16.	120	00:02:18	00:52:38	308m	7'28"/km
17.	97	00:01:44	00:54:22	306m	5'40"/km
18.	144	00:06:43	01:01:05	845m	7'57"/km
19.	162	00:01:48	01:02:53	171m	10'32"/km
20.	146	00:03:26	01:06:19	358m	9'35"/km
21.	163	00:03:54	01:10:13	592m	6'35"/km
22.	147	00:04:17	01:14:30	610m	7'01"/km
23.	148	00:02:59	01:17:29	238m	12'32"/km
24.	149	00:04:23	01:21:52	444m	9'52"/km
25.	150	00:02:46	01:24:38	398m	6'57"/km
26.	153	00:04:44	01:29:22	738m	6'25"/km
27.	152	00:02:21	01:31:43	275m	8'33"/km
28.	88	00:01:09	01:32:52	200m	5'45"/km
29.	94	00:00:57	01:33:49	149m	6'23"/km
30.	117	00:01:19	01:35:08	230m	5'43"/km
31.	165	00:01:00	01:36:08	148m	6'45"/km
32.	999	00:00:23	01:36:31	97m	3'57"/km