



BEL Meisterschaft Langdistanz

Schlierbach 4.9.2022

O.L.G. St. Vith ARDOC

Jens DEFERM

hamok

Strecke : H-10

Länge : 2350m (Steigung 55m)

Zeit : 0:20:58 (8'55"/km)

4/5

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|---------------------|---------|
| 1. Thor GEVAERT | 0:16:06 |
| 2. Thomas CHATTLAIN | 0:18:28 |
| 3. Rune SELS | 0:19:10 |

1.	121	00:03:09		222m	14'11"/km
2.	122	00:00:37	00:03:46	76m	8'07"/km
3.	123	00:01:04	00:04:50	164m	6'30"/km
4.	124	00:01:16	00:06:06	200m	6'20"/km
5.	125	00:01:15	00:07:21	257m	4'52"/km
6.	126	00:01:31	00:08:52	282m	5'23"/km
7.	127	00:01:30	00:10:22	180m	8'20"/km
8.	128	00:01:04	00:11:26	186m	5'44"/km
9.	129	00:00:57	00:12:23	127m	7'29"/km
10.	94	00:00:45	00:13:08		
11.	130	00:03:54	00:17:02		
12.	98	00:01:47	00:18:49		
13.	165	00:01:40	00:20:29	98m	17'00"/km
14.	999	00:00:29	00:20:58	97m	4'59"/km

HELGA

Orienteering Software