BEL Meisterschaft Langdistanz
Schlierbach 4.9.2022
O.L.G. St. Vith ARDOC

Emma MAES
K.O.L.
Strecke : D-20
Länge : 5640m (Steigung 200m)
Zeit : 1:29:24 (15'51"/km)

4/4 O.K.

Vollständige Ergebnisse auf Webres

1.	Julia KREKELS	0:48:20
2.	Larissa SASS	0:56:51
3.	Lotte TIESTERS	0:57:36

1.	131	00:04:30		318m	14'09"/km
2.	105	00:01:13	*00:05:43*	99m	12'17"/km
3.	104	00:20:45	*00:26:28*	1629m	12'44"/km
4.	116	00:06:33	*00:33:01*	177m	37'00"/km
5.	111	00:07:08	*00:40:09*	415m	17'11"/km
6.	135	00:09:56	*00:50:05*	557m	17'50"/km
7.	115	00:04:40	*00:54:45*	343m	13'36"/km
8.	151	00:14:32	*01:09:17*	946m	15'22"/km
9.	152	00:09:01	*01:18:18*	433m	20'49"/km
10.	98	00:07:00	*01:25:18*	386m	18'08"/km
11.	165	00:02:55	*01:28:13*	98m	29'46"/km
12.	999	00:01:11	*01:29:24*	97m	12'12"/km

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