



Forest cup Hechtelse Duinen Oost

Hechtel 2.10.2022

K.O.L.

Jens DEFERM

hamok

Omloop : H:08

Afstand : 2490m

Tijd : 1:03:21 (25'27"/km)

1/1

O.K.

[Volledige uitslagen op Webres](#)

1.	103	00:02:08		138m	15'28"/km
2.	102	00:04:11	00:06:19	182m	22'59"/km
3.	112	00:01:14	00:07:33	132m	9'21"/km
4.	113	00:04:24	00:11:57		
5.	114	00:01:37	00:13:34	190m	8'31"/km
6.	119	00:03:46	00:17:20	227m	16'36"/km
7.	121	00:04:59	00:22:19	204m	24'26"/km
8.	122	00:05:35	00:27:54	137m	40'45"/km
9.	124	00:01:07	00:29:01	189m	5'54"/km
10.	129	00:01:58	00:30:59	211m	9'19"/km
11.	130	00:03:06	00:34:05	155m	20'00"/km
12.	159	00:02:03	00:36:08	149m	13'46"/km
13.	160	00:23:25	00:59:33	118m	198'27"/km
14.	161	00:00:52	01:00:25	98m	8'51"/km
15.	220	00:02:30	01:02:55	303m	8'15"/km
16.	999	00:00:26	01:03:21	89m	4'52"/km

Orienteering Software