



Forest cup Hechtelse Duinen Oost

Hechtel 2.10.2022

K.O.L.

Kobe DEFERM

hamok

Omloop : H:05

Afstand : 3680m

Tijd : 1:13:11 (19'53"/km)

19/22

O.K.

[Volledige uitslagen op Webres](#)

1. Alfred SIMKENS	0:36:39
2. Frans WENS	0:40:09
3. Rogier VANAKEN	0:41:53

1.	109	00:02:15		188m	11'58"/km
2.	101	00:13:49	00:16:04	196m	70'30"/km
3.	117	00:12:11	00:28:15	270m	45'07"/km
4.	114	00:03:28	00:31:43	115m	30'09"/km
5.	118	00:01:50	00:33:33	112m	16'22"/km
6.	120	00:02:42	00:36:15	252m	10'43"/km
7.	121	00:02:02	00:38:17	163m	12'28"/km
8.	125	00:05:59	00:44:16	319m	18'45"/km
9.	130	00:07:55	00:52:11	487m	16'15"/km
10.	132	00:05:05	00:57:16	352m	14'26"/km
11.	158	00:03:59	01:01:15	381m	10'27"/km
12.	162	00:05:16	01:06:31	361m	14'35"/km
13.	164	00:03:47	01:10:18	251m	15'04"/km
14.	220	00:01:54	01:12:12	148m	12'50"/km
15.	999	00:00:59	01:13:11	89m	11'03"/km

Orienteering Software