Forest cup Hechtelse Duinen Oost
Hechtel 2.10.2022
K.O.L.

Frans WENS
TROL
Omloop : H:05
Afstand : 3680m
Tijd : 0:40:09 (10'55"/km)

2/22 O.K.

Volledige uitslagen op Webres

1. Alfred SIMKENS 0:36:39
3. Rogier VANAKEN 0:41:53

1.	109	00:02:45		188m	14'38"/km
2.	101	00:01:56	*00:04:41*	196m	9'52"/km
3.	117	00:03:22	*00:08:03*	270m	12'28"/km
4.	114	00:01:28	*00:09:31*	115m	12'45"/km
5.	118	00:01:13	*00:10:44*	112m	10'52"/km
6.	120	00:03:02	*00:13:46*	252m	12'02"/km
7.	121	00:01:51	*00:15:37*	163m	11'21"/km
8.	125	00:03:13	*00:18:50*	319m	10'05"/km
9.	130	00:05:05	*00:23:55*	487m	10'26"/km
10.	132	00:04:32	*00:28:27*	352m	12'53"/km
11.	158	00:03:35	*00:32:02*	381m	9'24"/km
12.	162	00:03:50	*00:35:52*	361m	10'37"/km
13.	164	00:02:41	*00:38:33*	251m	10'41"/km
14.	220	00:01:04	*00:39:37*	148m	7'12"/km
15.	999	00:00:32	*00:40:09*	89m	6'00"/km

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