Forest cup Hechtelse Duinen Oost
Hechtel 2.10.2022
K.O.L.

Stan MAES
K.O.L.
Omloop : H:03
Afstand : 5880m
Tijd : 1:23:20 (14'10"/km)

31/40 O.K.

Volledige uitslagen op Webres

1.	Roel VAN DE MOORTEL	0:48:22
2.	Andre DE VEIRMAN	0:48:44
3.	Luc MELIS	0:49:35

1.	110	00:02:57		316m	9'20"/km
2.	111	00:01:07	*00:04:04*	83m	13'27"/km
3.	117	00:01:47	*00:05:51*	142m	12'34"/km
4.	118	00:01:45	*00:07:36*	123m	14'14"/km
5.	120	00:04:24	*00:12:00*	252m	17'28"/km
6.	123	00:04:33	*00:16:33*	325m	14'00"/km
7.	131	00:05:39	*00:22:12*	426m	13'16"/km
8.	145	00:07:17	*00:29:29*	511m	14'15"/km
9.	140	00:05:34	*00:35:03*	294m	18'56"/km
10.	138	00:03:17	*00:38:20*	223m	14'43"/km
11.	133	00:08:03	*00:46:23*	483m	16'40"/km
12.	155	00:03:15	*00:49:38*	246m	13'13"/km
13.	163	00:12:53	*01:02:31*	864m	14'55"/km
14.	172	00:05:30	*01:08:01*	323m	17'02"/km
15.	171	00:05:16	*01:13:17*	381m	13'49"/km
16.	168	00:04:30	*01:17:47*	218m	20'39"/km
17.	165	00:02:41	*01:20:28*	282m	9'31"/km
18.	220	00:02:30	*01:22:58*	303m	8'15"/km
19.	999	00:00:22	*01:23:20*	89m	4'07"/km

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