Forest cup Hechtelse Duinen Oost
Hechtel 2.10.2022
K.O.L.

Robert THEISS
N.S.V. Amel
Omloop : H:03
Afstand : 5880m
Tijd : 0:57:10 (9'43"/km)

9/40 O.K.

Volledige uitslagen op Webres

1. Roel VAN DE MOORTEL 0:48:22
2. Andre DE VEIRMAN 0:48:44
3. Luc MELIS 0:49:35

1.	110	00:02:49		316m	8'55"/km
2.	111	00:00:36	*00:03:25*	83m	7'14"/km
3.	117	00:00:57	*00:04:22*	142m	6'41"/km
4.	118	00:03:01	*00:07:23*	123m	24'32"/km
5.	120	00:01:50	*00:09:13*	252m	7'17"/km
6.	123	00:03:14	*00:12:27*	325m	9'57"/km
7.	131	00:03:02	*00:15:29*	426m	7'07"/km
8.	145	00:03:10	*00:18:39*	511m	6'12"/km
9.	140	00:07:07	*00:25:46*	294m	24'12"/km
10.	138	00:02:43	*00:28:29*	223m	12'11"/km
11.	133	00:04:14	*00:32:43*	483m	8'46"/km
12.	155	00:01:32	*00:34:15*	246m	6'14"/km
13.	163	00:05:31	*00:39:46*	864m	6'23"/km
14.	172	00:02:35	*00:42:21*	323m	8'00"/km
15.	171	00:02:31	*00:44:52*	381m	6'36"/km
16.	168	00:06:59	*00:51:51*	218m	32'02"/km
17.	165	00:02:43	*00:54:34*	282m	9'38"/km
18.	220	00:02:05	*00:56:39*	303m	6'53"/km
19.	999	00:00:31	*00:57:10*	89m	5'48"/km

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