



# Forest cup Hechtelse Duinen Oost

Hechtel 2.10.2022

K.O.L.

**Stefan THIELS**

Omega

Omloop : H:03

Afstand : 5880m

Tijd : 0:52:27 (8'55"/km)

**5/40**

O.K.

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- |                         |         |
|-------------------------|---------|
| 1. Roel VAN DE MOORTELE | 0:48:22 |
| 2. Andre DE VEIRMAN     | 0:48:44 |
| 3. Luc MELIS            | 0:49:35 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 110 | 00:02:53 |          | 316m | 9'07"/km  |
| 2.  | 111 | 00:00:38 | 00:03:31 | 83m  | 7'38"/km  |
| 3.  | 117 | 00:01:00 | 00:04:31 | 142m | 7'03"/km  |
| 4.  | 118 | 00:01:06 | 00:05:37 | 123m | 8'57"/km  |
| 5.  | 120 | 00:02:08 | 00:07:45 | 252m | 8'28"/km  |
| 6.  | 123 | 00:02:34 | 00:10:19 | 325m | 7'54"/km  |
| 7.  | 131 | 00:03:27 | 00:13:46 | 426m | 8'06"/km  |
| 8.  | 145 | 00:04:04 | 00:17:50 | 511m | 7'57"/km  |
| 9.  | 140 | 00:06:22 | 00:24:12 | 294m | 21'39"/km |
| 10. | 138 | 00:01:54 | 00:26:06 | 223m | 8'31"/km  |
| 11. | 133 | 00:03:42 | 00:29:48 | 483m | 7'40"/km  |
| 12. | 155 | 00:01:47 | 00:31:35 | 246m | 7'15"/km  |
| 13. | 163 | 00:07:16 | 00:38:51 | 864m | 8'25"/km  |
| 14. | 172 | 00:02:31 | 00:41:22 | 323m | 7'47"/km  |
| 15. | 171 | 00:02:38 | 00:44:00 | 381m | 6'55"/km  |
| 16. | 168 | 00:03:13 | 00:47:13 | 218m | 14'45"/km |
| 17. | 165 | 00:02:25 | 00:49:38 | 282m | 8'34"/km  |
| 18. | 220 | 00:02:25 | 00:52:03 | 303m | 7'59"/km  |
| 19. | 999 | 00:00:24 | 00:52:27 | 89m  | 4'30"/km  |

Orienteering Software