



Forest cup Hechtelse Duinen Oost

Hechtel 2.10.2022

K.O.L.

Tim DILEN

K.O.L.

Omloop : H:02

Afstand : 7340m

Tijd : 1:29:31 (12'12"/km)

15/21

O.K.

[Volledige uitslagen op Webres](#)

1. Guido LENGES	1:01:53
2. Roland VAN LOON	1:03:01
2. Dirk GOOSSENS	1:03:01

1.	104	00:01:57		76m	25'39"/km
2.	108	00:01:26	00:03:23	148m	9'41"/km
3.	115	00:06:48	00:10:11	415m	16'23"/km
4.	118	00:00:59	00:11:10	95m	10'21"/km
5.	127	00:05:48	00:16:58	447m	12'59"/km
6.	125	00:02:53	00:19:51	215m	13'25"/km
7.	133	00:10:13	00:30:04	1024m	9'59"/km
8.	136	00:05:49	00:35:53	587m	9'55"/km
9.	139	00:01:57	00:37:50	210m	9'17"/km
10.	142	00:02:42	00:40:32	181m	14'55"/km
11.	145	00:04:08	00:44:40	255m	16'13"/km
12.	133	00:03:53	00:48:33	474m	8'12"/km
13.	150	00:08:45	00:57:18	577m	15'10"/km
14.	146	00:03:04	01:00:22	259m	11'50"/km
15.	149	00:04:00	01:04:22	141m	28'22"/km
16.	156	00:06:10	01:10:32	423m	14'35"/km
17.	133	00:02:51	01:13:23	288m	9'54"/km
18.	132	00:04:05	01:17:28	364m	11'13"/km
19.	158	00:04:13	01:21:41	381m	11'04"/km
20.	162	00:03:49	01:25:30	361m	10'34"/km
21.	220	00:03:28	01:28:58	335m	10'21"/km
22.	999	00:00:33	01:29:31	89m	6'11"/km

Orienteering Software