



Forest cup Hechtelse Duinen Oost

Hechtel 2.10.2022

K.O.L.

Kristof WOLLES

hamok

Omloop : H:02

Afstand : 7340m

Tijd : 1:17:30 (10'34"/km)

10/21

O.K.

[Volledige uitslagen op Webres](#)

1. Guido LENGES	1:01:53
2. Roland VAN LOON	1:03:01
2. Dirk GOOSSENS	1:03:01

1.	104	00:02:00		76m	26'19"/km
2.	108	00:03:11	00:05:11	148m	21'31"/km
3.	115	00:02:58	00:08:09	415m	7'09"/km
4.	118	00:00:59	00:09:08	95m	10'21"/km
5.	127	00:15:53	00:25:01	447m	35'32"/km
6.	125	00:02:09	00:27:10	215m	10'00"/km
7.	133	00:07:15	00:34:25	1024m	7'05"/km
8.	136	00:04:56	00:39:21	587m	8'24"/km
9.	139	00:01:52	00:41:13	210m	8'53"/km
10.	142	00:02:44	00:43:57	181m	15'06"/km
11.	145	00:03:03	00:47:00	255m	11'58"/km
12.	133	00:02:55	00:49:55	474m	6'09"/km
13.	150	00:05:08	00:55:03	577m	8'54"/km
14.	146	00:02:09	00:57:12	259m	8'18"/km
15.	149	00:01:23	00:58:35	141m	9'49"/km
16.	156	00:03:31	01:02:06	423m	8'19"/km
17.	133	00:02:42	01:04:48	288m	9'23"/km
18.	132	00:04:30	01:09:18	364m	12'22"/km
19.	158	00:02:28	01:11:46	381m	6'28"/km
20.	162	00:02:51	01:14:37	361m	7'54"/km
21.	220	00:02:30	01:17:07	335m	7'28"/km
22.	999	00:00:23	01:17:30	89m	4'18"/km

Orienteering Software