



Forest cup Hechtelse Duinen Oost

Hechtel 2.10.2022

K.O.L.

Noël NIJSTEN

Borasca

Omloop : H:02

Afstand : 7340m

Tijd : 1:03:47 (8'41"/km)

5/21

O.K.

[Volledige uitslagen op Webres](#)

1. Guido LENGES	1:01:53
2. Roland VAN LOON	1:03:01
2. Dirk GOOSSENS	1:03:01

1.	104	00:01:17		76m	16'53"/km
2.	108	00:01:06	00:02:23	148m	7'26"/km
3.	115	00:02:37	00:05:00	415m	6'18"/km
4.	118	00:00:54	00:05:54	95m	9'28"/km
5.	127	00:02:27	00:08:21	447m	5'29"/km
6.	125	00:02:52	00:11:13	215m	13'20"/km
7.	133	00:07:23	00:18:36	1024m	7'13"/km
8.	136	00:04:14	00:22:50	587m	7'13"/km
9.	139	00:01:32	00:24:22	210m	7'18"/km
10.	142	00:02:09	00:26:31	181m	11'53"/km
11.	145	00:03:02	00:29:33	255m	11'54"/km
12.	133	00:02:46	00:32:19	474m	5'50"/km
13.	150	00:04:38	00:36:57	577m	8'02"/km
14.	146	00:02:28	00:39:25	259m	9'31"/km
15.	149	00:06:16	00:45:41	141m	44'27"/km
16.	156	00:03:42	00:49:23	423m	8'45"/km
17.	133	00:02:04	00:51:27	288m	7'11"/km
18.	132	00:02:54	00:54:21	364m	7'58"/km
19.	158	00:03:41	00:58:02	381m	9'40"/km
20.	162	00:02:32	01:00:34	361m	7'01"/km
21.	220	00:02:48	01:03:22	335m	8'21"/km
22.	999	00:00:25	01:03:47	89m	4'41"/km

Orienteering Software