



Forest cup Hechtelse Duinen Oost

Hechtel 2.10.2022

K.O.L.

Marie-Christine METTEN

K.O.L.

Omloop : D:05

Afstand : 3680m

Tijd : 1:12:02 (19'34"/km)

10/13

O.K.

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|--------------------|---------|
| 1. Els PUT | 0:41:56 |
| 2. An NUYTS | 0:47:59 |
| 3. Lutgart VANHEES | 0:55:17 |

1.	109	00:03:21		188m	17'49"/km
2.	101	00:05:01	00:08:22	196m	25'36"/km
3.	117	00:03:41	00:12:03	270m	13'39"/km
4.	114	00:01:59	00:14:02	115m	17'15"/km
5.	118	00:03:41	00:17:43	112m	32'53"/km
6.	120	00:05:57	00:23:40	252m	23'37"/km
7.	121	00:02:32	00:26:12	163m	15'33"/km
8.	125	00:09:13	00:35:25	319m	28'54"/km
9.	130	00:08:47	00:44:12	487m	18'02"/km
10.	132	00:08:27	00:52:39	352m	24'00"/km
11.	158	00:05:09	00:57:48	381m	13'31"/km
12.	162	00:07:33	01:05:21	361m	20'55"/km
13.	164	00:04:18	01:09:39	251m	17'08"/km
14.	220	00:01:32	01:11:11	148m	10'22"/km
15.	999	00:00:51	01:12:02	89m	9'33"/km

Orienteering Software