



Forest cup Hechtelse Duinen Oost

Hechtel 2.10.2022

K.O.L.

Lieve GEENS

TROL

Omloop : D:05

Afstand : 3680m

Tijd : 1:00:12 (16'22"/km)

7/13

O.K.

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- | | |
|--------------------|---------|
| 1. Els PUT | 0:41:56 |
| 2. An NUYTS | 0:47:59 |
| 3. Lutgart VANHEES | 0:55:17 |

1.	109	00:04:14		188m	22'31"/km
2.	101	00:03:55	00:08:09	196m	19'59"/km
3.	117	00:04:59	00:13:08	270m	18'27"/km
4.	114	00:02:17	00:15:25	115m	19'51"/km
5.	118	00:02:44	00:18:09	112m	24'24"/km
6.	120	00:03:13	00:21:22	252m	12'46"/km
7.	121	00:03:06	00:24:28	163m	19'01"/km
8.	125	00:05:26	00:29:54	319m	17'02"/km
9.	130	00:08:57	00:38:51	487m	18'23"/km
10.	132	00:03:53	00:42:44	352m	11'02"/km
11.	158	00:04:26	00:47:10	381m	11'38"/km
12.	162	00:05:19	00:52:29	361m	14'44"/km
13.	164	00:05:36	00:58:05	251m	22'19"/km
14.	220	00:01:30	00:59:35	148m	10'08"/km
15.	999	00:00:37	01:00:12	89m	6'56"/km

Orienteering Software