Forest cup Hechtelse Duinen Oost
Hechtel 2.10.2022
K.O.L.

Els PUT
Omega
Omloop : D:05
Afstand : 3680m
Tijd : 0:41:56 (11'24"/km)

1/13 O.K.

Volledige uitslagen op Webres

2. An NUYTS 0:47:59
3. Lutgart VANHEES 0:55:17

1.	109	00:02:44		188m	14'32"/km
2.	101	00:02:01	*00:04:45*	196m	10'17"/km
3.	117	00:02:36	*00:07:21*	270m	9'38"/km
4.	114	00:01:36	*00:08:57*	115m	13'55"/km
5.	118	00:02:27	*00:11:24*	112m	21'53"/km
6.	120	00:02:37	*00:14:01*	252m	10'23"/km
7.	121	00:01:56	*00:15:57*	163m	11'52"/km
8.	125	00:05:52	*00:21:49*	319m	18'23"/km
9.	130	00:04:49	*00:26:38*	487m	9'53"/km
10.	132	00:03:05	*00:29:43*	352m	8'46"/km
11.	158	00:03:41	*00:33:24*	381m	9'40"/km
12.	162	00:03:45	*00:37:09*	361m	10'23"/km
13.	164	00:02:58	*00:40:07*	251m	11'49"/km
14.	220	00:01:14	*00:41:21*	148m	8'20"/km
15.	999	00:00:35	*00:41:56*	89m	6'33"/km

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