



Forest cup Hechtelse Duinen Oost

Hechtel 2.10.2022

K.O.L.

Betty DE MEYER

TROL

Omloop : D:04

Afstand : 4590m

Tijd : 1:07:23 (14'41"/km)

7/20

O.K.

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- | | |
|--------------------|---------|
| 1. Linda VERBRAKEN | 0:47:23 |
| 2. Hilde VERCAEREN | 0:54:16 |
| 3. Annemie JANSEN | 0:58:42 |

1.	102	00:03:57		311m	12'42"/km
2.	112	00:01:03	00:05:00	132m	7'57"/km
3.	117	00:02:13	00:07:13	165m	13'26"/km
4.	118	00:01:52	00:09:05	123m	15'11"/km
5.	120	00:03:07	00:12:12	252m	12'22"/km
6.	125	00:10:13	00:22:25	436m	23'26"/km
7.	131	00:05:02	00:27:27	452m	11'08"/km
8.	132	00:03:11	00:30:38	272m	11'42"/km
9.	158	00:04:23	00:35:01	381m	11'30"/km
10.	163	00:06:19	00:41:20	465m	13'35"/km
11.	172	00:03:46	00:45:06	323m	11'40"/km
12.	171	00:04:35	00:49:41	381m	12'02"/km
13.	168	00:03:22	00:53:03	218m	15'27"/km
14.	148	00:05:00	00:58:03	166m	30'07"/km
15.	165	00:05:24	01:03:27	123m	43'54"/km
16.	220	00:03:21	01:06:48	303m	11'03"/km
17.	999	00:00:35	01:07:23	89m	6'33"/km

Orienteering Software