



Forest cup Hechtelse Duinen Oost

Hechtel 2.10.2022

K.O.L.

Mia KINNAER

Omega

Omloop : D:04

Afstand : 4590m

Tijd : 1:04:59 (14'09"/km)

5/20

O.K.

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- | | |
|--------------------|---------|
| 1. Linda VERBRAKEN | 0:47:23 |
| 2. Hilde VERCAEREN | 0:54:16 |
| 3. Annemie JANSEN | 0:58:42 |

1.	102	00:04:31		311m	14'31"/km
2.	112	00:01:12	00:05:43	132m	9'05"/km
3.	117	00:01:56	00:07:39	165m	11'43"/km
4.	118	00:02:29	00:10:08	123m	20'11"/km
5.	120	00:05:05	00:15:13	252m	20'10"/km
6.	125	00:05:39	00:20:52	436m	12'58"/km
7.	131	00:04:54	00:25:46	452m	10'50"/km
8.	132	00:03:42	00:29:28	272m	13'36"/km
9.	158	00:04:04	00:33:32	381m	10'40"/km
10.	163	00:07:16	00:40:48	465m	15'38"/km
11.	172	00:04:04	00:44:52	323m	12'35"/km
12.	171	00:05:06	00:49:58	381m	13'23"/km
13.	168	00:04:19	00:54:17	218m	19'48"/km
14.	148	00:03:51	00:58:08	166m	23'12"/km
15.	165	00:02:30	01:00:38	123m	20'20"/km
16.	220	00:03:51	01:04:29	303m	12'42"/km
17.	999	00:00:30	01:04:59	89m	5'37"/km

Orienteering Software