



Forest cup Hechtelse Duinen Oost

Hechtel 2.10.2022

K.O.L.

Greta MOLS

hamok

Omloop : D:04

Afstand : 4590m

Tijd : 1:03:41 (13'52"/km)

4/20

O.K.

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- | | |
|--------------------|---------|
| 1. Linda VERBRAKEN | 0:47:23 |
| 2. Hilde VERCAEREN | 0:54:16 |
| 3. Annemie JANSEN | 0:58:42 |

1.	102	00:04:13		311m	13'34"/km
2.	112	00:02:19	00:06:32	132m	17'33"/km
3.	117	00:02:14	00:08:46	165m	13'32"/km
4.	118	00:03:09	00:11:55	123m	25'37"/km
5.	120	00:03:00	00:14:55	252m	11'54"/km
6.	125	00:07:12	00:22:07	436m	16'31"/km
7.	131	00:05:01	00:27:08	452m	11'06"/km
8.	132	00:03:35	00:30:43	272m	13'10"/km
9.	158	00:06:05	00:36:48	381m	15'58"/km
10.	163	00:06:00	00:42:48	465m	12'54"/km
11.	172	00:03:48	00:46:36	323m	11'46"/km
12.	171	00:04:14	00:50:50	381m	11'07"/km
13.	168	00:05:16	00:56:06	218m	24'10"/km
14.	148	00:02:19	00:58:25	166m	13'57"/km
15.	165	00:01:42	01:00:07	123m	13'49"/km
16.	220	00:02:57	01:03:04	303m	9'44"/km
17.	999	00:00:37	01:03:41	89m	6'56"/km

Orienteering Software