



TRAIL RUN PARADISE - ETAPA 8

SANTA LUZIA DO NORTE - AL 25.9.2022

PARADISE

Ronaldo Belo

ENDORFINA

Course : 12 KM SOLO MASCULINO 50-59

Distance : 12000m (Climbing 200m)

Time : 1:39:19,152 (8'17"/km)

3/5

O.K.

[Full result on Webres](#)

- | | |
|-----------------------|-------------|
| 1. Glauco Barreto | 1:13:31,308 |
| 2. Josinaldo De Lemos | 1:28:38,765 |

1.	81	00:40:14		2000m	20'07"/km
2.	82	00:17:41	00:57:55	2000m	8'51"/km
3.	83	00:23:50	01:21:45	4000m	5'57"/km
4.	999	00:17:34	01:39:19	4000m	4'23"/km

HELGA



Orienteering Software