



# TRAIL RUN PARADISE - ETAPA 8

## SANTA LUZIA DO NORTE - AL 25.9.2022

### PARADISE

**Silmara Gabriella**

EDSON LOURENÇO

Course : 6 KM SOLO FEMININO 30-39

Distance : 6000m (Climbing 100m)

Time : 1:25:31,179 (14'15"/km)

**18/26**

O.K.

[Full result on Webres](#)

- |                        |             |
|------------------------|-------------|
| 1. Vanilla Marcionilia | 0:46:40,875 |
| 2. Maria Ferreira      | 0:49:54,468 |
| 3. Lucimar Amancio     | 0:57:15,722 |

- |    |     |          |          |       |           |
|----|-----|----------|----------|-------|-----------|
| 1. | 81  | 00:54:06 |          | 2000m | 27'03"/km |
| 2. | 83  | 00:07:58 | 01:02:04 | 2000m | 3'59"/km  |
| 3. | 999 | 00:23:27 | 01:25:31 | 4000m | 5'52"/km  |

HELGA



Orienteering Software