



TRAIL RUN PARADISE - ETAPA 8

SANTA LUZIA DO NORTE - AL 25.9.2022

PARADISE

Marcio Oliveira

NO STRESS

Percurso : 12 KM SOLO MASCULINO

Distancia : 12000m (Desnivel 200m)

Tempo : 1:39:00,824 (8'15"/km)

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O.K.

[Resultados completos em Webres](#)

1. Carlos Gabriel	0:55:16,367
2. Jernan Viana	0:57:03,050
3. Antonio Gomes	0:58:14,703

1.	81	00:37:43		2000m	18'52"/km
2.	82	00:16:08	00:53:51	2000m	8'04"/km
3.	83	00:25:51	01:19:42	4000m	6'28"/km
4.	999	00:19:18	01:39:00	4000m	4'50"/km

HELGA



Orienteering Software