



TRAIL RUN PARADISE - ETAPA 8

SANTA LUZIA DO NORTE - AL 25.9.2022

PARADISE

João Dos Montes

FÉ E DETERMINAÇÃO

Course : 6 KM SOLO MASCULINO

Distance : 6000m (Climbing 100m)

Time : 0:59:21,468 (9'53"/km)

45/57

O.K.

[Full result on Webres](#)

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|--------------------|-------------|
| 1. Vitor Domingos | 0:30:22,437 |
| 2. José Wellington | 0:33:04,449 |
| 3. Tiago Sibaldo | 0:34:01,414 |

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|----|-----|----------|----------|-------|-----------|
| 1. | 81 | 00:37:10 | | 2000m | 18'35"/km |
| 2. | 83 | 00:04:40 | 00:41:50 | 2000m | 2'20"/km |
| 3. | 999 | 00:17:31 | 00:59:21 | 4000m | 4'23"/km |

HELGA



Orienteering Software