



Regionale Sprint Geraardsbergen 24.9.2022 TROL

Erik KRIJNEN

TROL

Omloop : H:01

Afstand : 4610m

Tijd : 0:40:09 (8'43"/km)

28/31

O.K.

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|--------------------|---------|
| 1. Warre DE CUYPER | 0:19:13 |
| 2. Ruben GRIETENS | 0:21:14 |
| 3. Rune DE CLERCQ | 0:21:51 |

1.	150	00:02:09		145m	14'50"/km
2.	152	00:01:01	00:03:10	139m	7'19"/km
3.	151	00:00:51	00:04:01	86m	9'53"/km
4.	153	00:01:38	00:05:39	104m	15'42"/km
5.	160	00:04:58	00:10:37	107m	46'25"/km
6.	162	00:00:37	00:11:14	55m	11'13"/km
7.	174	00:04:31	00:15:45	281m	16'04"/km
8.	167	00:02:23	00:18:08	306m	7'47"/km
9.	166	00:00:28	00:18:36	37m	12'37"/km
10.	163	00:01:19	00:19:55	155m	8'30"/km
11.	175	00:03:11	00:23:06	341m	9'20"/km
12.	159	00:04:21	00:27:27	205m	21'13"/km
13.	169	00:03:51	00:31:18	445m	8'39"/km
14.	164	00:00:40	00:31:58	83m	8'02"/km
15.	170	00:01:04	00:33:02	77m	13'51"/km
16.	156	00:01:23	00:34:25	119m	11'37"/km
17.	157	00:01:10	00:35:35	137m	8'31"/km
18.	154	00:00:32	00:36:07	49m	10'53"/km
19.	176	00:01:05	00:37:12	92m	11'47"/km
20.	168	00:02:13	00:39:25	48m	46'11"/km
21.	999	00:00:44	00:40:09	80m	9'10"/km

Orienteering Software