Champ. Relais - Inscriptions sur place
Bois du Beynert - Arlon 18.9.2022
ASUB

Jean OOMS
hamok
Circuit : SD
Distance : 4100m (Dénivelé 170m)
Temps : 1:16:39 (18'42"/km)

10/26 O.K.

Résultats complets sur Webres

1.	Thor WOLLES	0:54:36
2.	Daan COOLS	0:55:01
3.	Dominique STAS	0:57:41

1.	207	00:08:21		442m	18'53"/km
2.	182	00:08:01	*00:16:22*	317m	25'17"/km
3.	176	00:03:47	*00:20:09*	240m	15'46"/km
4.	187	00:10:57	*00:31:06*	515m	21'16"/km
5.	178	00:02:45	*00:33:51*	119m	23'07"/km
6.	194	00:09:31	*00:43:22*	572m	16'38"/km
7.	209	00:03:59	*00:47:21*	324m	12'18"/km
8.	180	00:05:38	*00:52:59*	292m	19'18"/km
9.	184	00:04:14	*00:57:13*	368m	11'30"/km
10.	174	00:10:20	*01:07:33*	479m	21'34"/km
11.	222	00:05:32	*01:13:05*	243m	22'46"/km
12.	189	00:02:59	*01:16:04*	133m	22'26"/km
13.	999	00:00:35	*01:16:39*	93m	6'16"/km

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