



Régionale Urbaine Moyenne Distance Citadelle de Montmédy 17.9.2022 ASUB

Jan BOECKX

Omega

Circuit : H:Noir Long

Distance : 5400m

Temps : 1:17:14 (14'18"/km)

25/46

O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------------------|---------|
| 1. Clément DEMEUSE | 0:33:22 |
| 2. Marc SERRALLONGA ARQUES | 0:36:05 |
| 3. Rune DE CLERCQ | 0:39:02 |

1.	87	00:02:22	168m	14'05"/km
2.	112	00:00:40 00:03:02	48m	13'53"/km
3.	94	00:00:35 00:03:37	57m	10'14"/km
4.	95	00:04:50 00:08:27	76m	63'36"/km
5.	97	00:04:56 00:13:23	112m	44'03"/km
6.	100	00:06:31 00:19:54	187m	34'51"/km
7.	75	00:03:10 00:23:04	120m	26'23"/km
8.	101	00:02:38 00:25:42	127m	20'44"/km
9.	102	00:03:26 00:29:08	108m	31'47"/km
10.	103	00:04:57 00:34:05	135m	36'40"/km
11.	56	00:01:02 00:35:07	42m	24'36"/km
12.	58	00:02:27 00:37:34	76m	32'14"/km
13.	104	00:07:21 00:44:55	89m	82'35"/km
14.	84	00:01:24 00:46:19	90m	15'33"/km
15.	59	00:01:12 00:47:31	138m	8'42"/km
16.	105	00:01:13 00:48:44	38m	32'01"/km
17.	106	00:03:43 00:52:27	58m	64'05"/km
18.	107	00:01:20 00:53:47	53m	25'09"/km
19.	54	00:01:33 00:55:20	41m	37'48"/km
20.	55	00:04:51 01:00:11	128m	37'53"/km
21.	109	00:00:39 01:00:50	29m	22'25"/km
22.	81	00:02:08 01:02:58	138m	15'28"/km
23.	111	00:00:27 01:03:25	39m	11'32"/km
24.	82	00:01:05 01:04:30	139m	7'48"/km
25.	110	00:05:39 01:10:09	97m	58'15"/km
26.	92	00:01:25 01:11:34	65m	21'48"/km
27.	113	00:02:02 01:13:36	33m	61'37"/km
28.	79	00:01:43 01:15:19	133m	12'54"/km
29.	88	00:01:22 01:16:41	148m	9'14"/km
30.	77	00:00:31 01:17:12	96m	5'23"/km
31.	999	00:00:02 01:17:14	29m	1'09"/km