Régionale Urbaine Moyenne Distance
Citadelle de Montmédy 17.9.2022
ASUB

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ASUB
Circuit : H:Noir Long
Distance : 5400m
Temps : 1:16:23 (14'09"/km)

24/46 O.K.

Résultats complets sur Webres

1. Clément DEMEUSE 0:33:22
2. Marc SERRALLONGA ARQUES 0:36:05
3. Rune DE CLERCQ 0:39:02

1.	87	00:03:35		168m	21'20"/km
2.	112	00:00:23	*00:03:58*	48m	7'59"/km
3.	94	00:00:45	*00:04:43*	57m	13'09"/km
4.	95	00:04:09	*00:08:52*	76m	54'36"/km
5.	97	00:04:16	*00:13:08*	112m	38'06"/km
6.	100	00:04:40	*00:17:48*	187m	24'57"/km
7.	75	00:01:53	*00:19:41*	120m	15'42"/km
8.	101	00:02:10	*00:21:51*	127m	17'04"/km
9.	102	00:03:12	*00:25:03*	108m	29'38"/km
10.	103	00:03:21	*00:28:24*	135m	24'49"/km
11.	56	00:01:37	*00:30:01*	42m	38'30"/km
12.	58	00:02:39	*00:32:40*	76m	34'52"/km
13.	104	00:06:20	*00:39:00*	89m	71'10"/km
14.	84	00:00:51	*00:39:51*	90m	9'27"/km
15.	59	00:01:14	*00:41:05*	138m	8'56"/km
16.	105	00:01:38	*00:42:43*	38m	42'59"/km
17.	106	00:02:52	*00:45:35*	58m	49'26"/km
18.	107	00:01:13	*00:46:48*	53m	22'57"/km
19.	54	00:01:49	*00:48:37*	41m	44'19"/km
20.	55	00:06:19	*00:54:56*	128m	49'21"/km
21.	109	00:00:32	*00:55:28*	29m	18'23"/km
22.	81	00:02:09	*00:57:37*	138m	15'35"/km
23.	111	00:01:02	*00:58:39*	39m	26'30"/km
24.	82	00:01:44	*01:00:23*	139m	12'28"/km
25.	113	00:04:39	*01:05:02*		
26.	110	00:06:15	*01:11:17*		
27.	92	00:01:04	*01:12:21*	65m	16'25"/km
28.	113	00:00:55	*01:13:16*	33m	27'47"/km
29.	79	00:01:27	*01:14:43*	133m	10'54"/km
30.	88	00:01:02	*01:15:45*	148m	6'59"/km
31.	77	00:00:37	*01:16:22*	96m	6'25"/km
32.	999	00:00:01	*01:16:23*	29m	0'34"/km

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