

City Cup Berchem

Berchem 11.9.2022

Antwerp Orienteers

Jan VAN DER ELST

Omega

Omloop : H:03

Afstand : 5830m

Tijd : 0:41:50 (7'11"/km)

11/15

O.K.

[Volledige uitslagen op Webres](#)

1. Bob DE CLEENE	0:29:00
2. Serge BAERT	0:32:29
3. Dirk GOOSSENS	0:33:01

1.	81	00:01:04		137m	7'47"/km
2.	32	00:02:53	00:03:57	84m	34'20"/km
3.	79	00:04:39	00:08:36	466m	9'59"/km
4.	68	00:00:28	00:09:04	81m	5'46"/km
5.	54	00:00:55	00:09:59	82m	11'11"/km
6.	37	00:02:30	00:12:29	423m	5'55"/km
7.	36	00:00:57	00:13:26	131m	7'15"/km
8.	38	00:01:01	00:14:27	91m	11'10"/km
9.	39	00:01:19	00:15:46	152m	8'40"/km
10.	91	00:00:41	00:16:27	30m	22'47"/km
11.	40	00:00:00	00:16:27	78m	0'00"/km
12.	41	00:01:13	00:17:40	93m	13'05"/km
13.	72	00:02:46	00:20:26	365m	7'35"/km
14.	73	00:01:45	00:22:11	262m	6'41"/km
15.	44	00:00:31	00:22:42	84m	6'09"/km
16.	45	00:00:35	00:23:17	110m	5'18"/km
17.	46	00:00:34	00:23:51	51m	11'07"/km
18.	48	00:01:59	00:25:50		
19.	86	00:00:43	00:26:33	176m	4'04"/km
20.	46	00:01:42	00:28:15	40m	42'30"/km
21.	86	00:00:19	00:28:34	40m	7'55"/km
22.	48	00:01:12	00:29:46	176m	6'49"/km
23.	86	00:00:45	00:30:31	176m	4'16"/km
24.	92	00:01:26	00:31:57		
25.	93	00:00:00	00:31:57	28m	0'00"/km
26.	51	00:01:14	00:33:11	210m	5'52"/km
27.	52	00:00:53	00:34:04	63m	14'01"/km
28.	75	00:01:16	00:35:20	156m	8'07"/km
29.	64	00:02:27	00:37:47	238m	10'18"/km
30.	57	00:02:27	00:40:14	154m	15'55"/km
31.	88	00:00:33	00:40:47	61m	9'01"/km
32.	58	00:00:46	00:41:33	126m	6'05"/km
33.	999	00:00:17	00:41:50	41m	6'55"/km