

City Cup Berchem

Berchem 11.9.2022

Antwerp Orienteers

Jan FRYDENLUND

hamok

Omloop : H:03

Afstand : 5830m

Tijd : 0:37:24 (6'25"/km)

7/15

O.K.

[Volledige uitslagen op Webres](#)

1. Bob DE CLEENE	0:29:00
2. Serge BAERT	0:32:29
3. Dirk GOOSSENS	0:33:01

1.	81	00:01:23		137m	10'06"/km
2.	32	00:01:31	00:02:54	84m	18'03"/km
3.	79	00:04:18	00:07:12	466m	9'14"/km
4.	68	00:00:31	00:07:43	81m	6'23"/km
5.	54	00:00:51	00:08:34	82m	10'22"/km
6.	37	00:02:42	00:11:16	423m	6'23"/km
7.	36	00:01:04	00:12:20	131m	8'09"/km
8.	38	00:00:41	00:13:01	91m	7'31"/km
9.	39	00:01:06	00:14:07	152m	7'14"/km
10.	91	00:00:38	00:14:45	30m	21'07"/km
11.	40	00:00:00	00:14:45	78m	0'00"/km
12.	41	00:01:10	00:15:55	93m	12'33"/km
13.	72	00:02:29	00:18:24	365m	6'48"/km
14.	73	00:02:24	00:20:48	262m	9'10"/km
15.	44	00:00:31	00:21:19	84m	6'09"/km
16.	45	00:00:40	00:21:59	110m	6'04"/km
17.	46	00:00:41	00:22:40	51m	13'24"/km
18.	86	00:00:21	00:23:01	40m	8'45"/km
19.	48	00:01:20	00:24:21	176m	7'35"/km
20.	86	00:00:50	00:25:11	176m	4'44"/km
21.	92	00:02:16	00:27:27		
22.	93	00:00:00	00:27:27	28m	0'00"/km
23.	51	00:01:22	00:28:49	210m	6'30"/km
24.	52	00:01:00	00:29:49	63m	15'52"/km
25.	75	00:01:25	00:31:14	156m	9'05"/km
26.	64	00:01:31	00:32:45	238m	6'22"/km
27.	57	00:02:52	00:35:37	154m	18'37"/km
28.	88	00:00:40	00:36:17	61m	10'56"/km
29.	58	00:00:51	00:37:08	126m	6'45"/km
30.	999	00:00:16	00:37:24	41m	6'30"/km