

AOS #9 Boelaerpark Antwerpen 8.9.2022 Antwerp Orienteers

Jan FRYDENLUND

hamok

Course : H:Lang

Distance : 4630m

Time : 0:33:53 (7'19"/km)

16/25

O.K.

[Full result on Webres](#)

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|--------------------|---------|
| 1. Warre DE CUYPER | 0:20:47 |
| 2. Lennert LENS | 0:21:16 |
| 3. Ruben GRIETENS | 0:21:44 |

1.	32	00:03:05	390m	7'54"/km
2.	34	00:01:51 00:04:56	245m	7'33"/km
3.	35	00:00:22 00:05:18	56m	6'33"/km
4.	36	00:01:05 00:06:23	93m	11'39"/km
5.	37	00:00:22 00:06:45	37m	9'55"/km
6.	42	00:02:49 00:09:34	164m	17'10"/km
7.	31	00:01:49 00:11:23	292m	6'13"/km
8.	41	00:01:04 00:12:27	70m	15'14"/km
9.	40	00:01:40 00:14:07	125m	13'20"/km
10.	39	00:00:44 00:14:51	47m	15'36"/km
11.	38	00:02:07 00:16:58	94m	22'31"/km
12.	44	00:03:37 00:20:35	530m	6'49"/km
13.	46	00:01:06 00:21:41	119m	9'15"/km
14.	45	00:02:30 00:24:11	373m	6'42"/km
15.	47	00:00:58 00:25:09	119m	8'07"/km
16.	49	00:00:34 00:25:43	49m	11'34"/km
17.	48	00:01:39 00:27:22	94m	17'33"/km
18.	50	00:01:18 00:28:40	148m	8'47"/km
19.	51	00:00:52 00:29:32	101m	8'35"/km
20.	52	00:01:36 00:31:08	233m	6'52"/km
21.	53	00:00:54 00:32:02	132m	6'49"/km
22.	54	00:01:32 00:33:34	209m	7'20"/km
23.	999	00:00:19 00:33:53	33m	9'36"/km

Orienteering Software