



CALDO FITNESS BEACH

PRAIA DA AVENIDA - AL 28.8.2022

CALDO FITNESS BEACH

Jernan

RESTAURANTE DELÍCIA DE NEYDE

Course : 10KM SOLO MASCULINO

Distance : 10000m (Climbing 30m)

Time : 0:37:25,976 (3'45"/km)

7/42

O.K.

[Full result on Webres](#)

- | | |
|--------------|-------------|
| 1. Cristiano | 0:31:33,964 |
| 2. Luciano | 0:31:52,937 |
| 3. Jô | 0:32:25,531 |

1.	81	00:02:32		625m	4'03"/km	INICIO RETORNO 2 CATEGORIAS
2.	82	00:07:36	00:10:08	2500m	3'02"/km	RETORNO DOS 5KM
3.	83	00:10:48	00:20:56			RETORNO DOS 10KM
4.	999	00:16:29	00:37:25	4375m	3'46"/km	CHEGADA

