



XVI CPO - 3ª ETAPA
Sapé 28.8.2022
Clube de Orientação do Extremo Leste

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Orientação)

Percurso : D Master A

Distancia : 3850m (Desnivel 40m)

Tempo : 1:01:10 (3,78 km/h)

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O.K.

[Resultados completos em Webres](#)

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|-----------------------------|---------|
| 2. Rafaela Magalhães Nunes | 1:12:33 |
| 3. Mariama da Costa Ireland | 1:40:45 |

1.	96	00:03:54		265m	4.08 km/h
2.	84	00:06:34	00:10:28	463m	4.23 km/h
3.	87	00:04:37	00:15:05	477m	6.20 km/h
4.	116	00:09:42	00:24:47	376m	2.33 km/h
5.	115	00:05:44	00:30:31	315m	3.30 km/h
6.	106	00:03:22	00:33:53	162m	2.89 km/h
7.	113	00:03:18	00:37:11	131m	2.38 km/h
8.	112	00:05:26	00:42:37	343m	3.79 km/h
9.	103	00:02:13	00:44:50	117m	3.17 km/h
10.	105	00:04:01	00:48:51	371m	5.54 km/h
11.	93	00:03:30	00:52:21	280m	4.80 km/h
12.	88	00:03:03	00:55:24	174m	3.42 km/h
13.	109	00:03:29	00:58:53	175m	3.01 km/h
14.	100	00:01:47	01:00:40	102m	3.43 km/h
15.	999	00:00:30	01:01:10	96m	11.52 km/h

Orienteering Software