



**TREINAMENTO DIA 5**  
**BARBACENA-MG 24.8.2022**  
**COMISSÃO DE DESPORTOS DA AERONÁUTICA**

**Cad Leal**

AFA

Course : H21A

Distance : 6900m (Climbing 190m)

Time : 1:19:14 (11'29"/km)

**4/10**

O.K.

[Full result on Webres](#)

|                |         |
|----------------|---------|
| 1. Cad Mattos  | 1:13:30 |
| 2. Cad Natalli | 1:13:45 |
| 3. Cad Reis    | 1:14:42 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 119 | 00:06:52 |          | 877m | 7'50"/km  |
| 2.  | 114 | 00:07:45 | 00:14:37 | 426m | 18'12"/km |
| 3.  | 111 | 00:04:46 | 00:19:23 | 326m | 14'37"/km |
| 4.  | 123 | 00:01:56 | 00:21:19 | 160m | 12'05"/km |
| 5.  | 112 | 00:02:04 | 00:23:23 | 223m | 9'16"/km  |
| 6.  | 131 | 00:04:25 | 00:27:48 | 268m | 16'29"/km |
| 7.  | 118 | 00:08:19 | 00:36:07 | 349m | 23'50"/km |
| 8.  | 128 | 00:04:29 | 00:40:36 | 286m | 15'41"/km |
| 9.  | 132 | 00:01:33 | 00:42:09 | 178m | 8'42"/km  |
| 10. | 116 | 00:02:03 | 00:44:12 | 245m | 8'22"/km  |
| 11. | 117 | 00:01:48 | 00:46:00 | 177m | 10'10"/km |
| 12. | 128 | 00:03:43 | 00:49:43 | 181m | 20'32"/km |
| 13. | 120 | 00:05:25 | 00:55:08 | 397m | 13'39"/km |
| 14. | 126 | 00:04:45 | 00:59:53 | 569m | 8'21"/km  |
| 15. | 125 | 00:05:30 | 01:05:23 | 685m | 8'02"/km  |
| 16. | 124 | 00:01:22 | 01:06:45 | 206m | 6'38"/km  |
| 17. | 135 | 00:04:04 | 01:10:49 | 568m | 7'10"/km  |
| 18. | 121 | 00:03:10 | 01:13:59 | 228m | 13'53"/km |
| 19. | 113 | 00:03:14 | 01:17:13 | 165m | 19'36"/km |
| 20. | 999 | 00:02:01 | 01:19:14 | 224m | 9'00"/km  |

Orienteering Software