



TREINAMENTO DIA 5
BARBACENA-MG 24.8.2022
COMISSÃO DE DESPORTOS DA AERONÁUTICA

Cad Leal

AFA

Percurso : H21A

Distancia : 6900m (Desnivel 190m)

Tempo : 1:19:14 (11'29"/km)

4/10

O.K.

[Resultados completos em Webres](#)

1. Cad Mattos	1:13:30
2. Cad Natalli	1:13:45
3. Cad Reis	1:14:42

1.	119	00:06:52		877m	7'50"/km
2.	114	00:07:45	00:14:37	426m	18'12"/km
3.	111	00:04:46	00:19:23	326m	14'37"/km
4.	123	00:01:56	00:21:19	160m	12'05"/km
5.	112	00:02:04	00:23:23	223m	9'16"/km
6.	131	00:04:25	00:27:48	268m	16'29"/km
7.	118	00:08:19	00:36:07	349m	23'50"/km
8.	128	00:04:29	00:40:36	286m	15'41"/km
9.	132	00:01:33	00:42:09	178m	8'42"/km
10.	116	00:02:03	00:44:12	245m	8'22"/km
11.	117	00:01:48	00:46:00	177m	10'10"/km
12.	128	00:03:43	00:49:43	181m	20'32"/km
13.	120	00:05:25	00:55:08	397m	13'39"/km
14.	126	00:04:45	00:59:53	569m	8'21"/km
15.	125	00:05:30	01:05:23	685m	8'02"/km
16.	124	00:01:22	01:06:45	206m	6'38"/km
17.	135	00:04:04	01:10:49	568m	7'10"/km
18.	121	00:03:10	01:13:59	228m	13'53"/km
19.	113	00:03:14	01:17:13	165m	19'36"/km
20.	999	00:02:01	01:19:14	224m	9'00"/km

Orienteering Software