



TREINAMENTO DIA 5
BARBACENA-MG 24.8.2022
COMISSÃO DE DESPORTOS DA AERONÁUTICA

Cad Pontes

AFA

Course : D21A

Distance : 6000m (Climbing 155m)

Time : 2:10:06 (21'41"/km)

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O.K.

[Full result on Webres](#)

1. Cad Lopo	1:42:58
2. Cad Laniz	1:45:14
3. Cad Maciel	2:01:37

1.	119	00:08:20		877m	9'30"/km
2.	127	00:04:19	00:12:39	244m	17'41"/km
3.	131	00:03:23	00:16:02	155m	21'50"/km
4.	115	00:02:53	00:18:55	130m	22'11"/km
5.	112	00:03:33	00:22:28	138m	25'43"/km
6.	111	00:11:45	00:34:13	331m	35'30"/km
7.	123	00:03:26	00:37:39	160m	21'27"/km
8.	114	00:22:15	00:59:54	350m	63'34"/km
9.	128	00:13:07	01:13:01	471m	27'51"/km
10.	117	00:01:38	01:14:39	181m	9'01"/km
11.	116	00:02:37	01:17:16	177m	14'47"/km
12.	132	00:09:14	01:26:30	245m	37'41"/km
13.	120	00:12:31	01:39:01	574m	21'48"/km
14.	125	00:19:11	01:58:12	991m	19'21"/km
15.	124	00:02:20	02:00:32	206m	11'20"/km
16.	130	00:01:40	02:02:12	182m	9'09"/km
17.	134	00:01:44	02:03:56	176m	9'51"/km
18.	113	00:03:56	02:07:52	93m	42'18"/km
19.	999	00:02:14	02:10:06	224m	9'58"/km

Orienteering Software