



TRAIL RUN F5 - ETAPA 7

MESSIAS - AL 21.8.2022

TRAIL RUN F5

Adeilda E Eliane

TRAIL RUN F5

Course : 12 KM DUPLA FEMININA

Distance : 14440m (Climbing 394m)

Time : 2:00:47,001 (8'22"/km)

3/10

O.K.

[Full result on Webres](#)

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|--------------------------------------|-------------|
| 1. Deisoca/dani | 1:43:08,765 |
| 2. Alessandra Turbo/vanessa Primatas | 1:57:30,500 |

1.	81	00:17:33		2640m	6'39"/km	INÍCIO DO DESAFIO 1KM
2.	82	00:09:34	00:27:07	1000m	9'34"/km	FIM DO DESAFIO 1KM
3.	83	00:14:07	00:41:14	1500m	9'25"/km	DIVISÃO DE CATEGORIAS
4.	84	00:35:31	01:16:45	4430m	8'01"/km	RETORNO DOS 12KM (LADEIRA MATA)
5.	85	00:33:50	01:50:35	3010m	11'14"/km	REENCONTRO DE CATEGORIAS
6.	999	00:10:12	02:00:47	1770m	5'46"/km	CHEGADA

HELGA



Orienteering Software