



TRAIL RUN F5 - ETAPA 7

MESSIAS - AL 21.8.2022

TRAIL RUN F5

Elton/jamilly

TRAIL RUN F5

Course : 6 KM DUPLA MISTA

Distance : 7900m (Climbing 214m)

Time : 1:38:53,277 (12'31"/km)

27/30

O.K.

[Full result on Webres](#)

1. Deninho / Galega	0:47:51,347
2. Helho/edileide	0:52:30,382
3. Nalvinho / Viviane	0:53:51,632

1.	81	00:32:58		2640m	12'29"/km	INÍCIO DO DESAFIO 1KM
2.	82	00:12:03	00:45:01	1000m	12'03"/km	FIM DO DESAFIO 1KM
3.	83	00:23:45	01:08:46	1500m	15'50"/km	DIVISÃO DE CATEGORIAS
4.	85	00:14:06	01:22:52	960m	14'41"/km	REENCONTRO DE CATEGORIAS
5.	999	00:16:01	01:38:53	1770m	9'03"/km	CHEGADA

HELGA



Orienteering Software