



TRAIL RUN F5 - ETAPA 7

MESSIAS - AL 21.8.2022

TRAIL RUN F5

Danny/ Talyta

TRAIL RUN F5

Course : 6 KM DUPLA FEMININA

Distance : 7900m (Climbing 214m)

Time : 1:26:57,437 (11'00"/km)

10/15

O.K.

[Full result on Webres](#)

- | | |
|---------------------------|-------------|
| 1. Rosa/nilda | 0:50:09,378 |
| 2. Marcinha / Mayra | 0:51:08,531 |
| 3. Tigresa / Gata Manhosa | 0:52:05,785 |

1.	81	00:28:16		2640m	10'42"/km	INÍCIO DO DESAFIO 1KM
2.	82	00:11:25	00:39:41	1000m	11'25"/km	FIM DO DESAFIO 1KM
3.	83	00:20:16	00:59:57	1500m	13'31"/km	DIVISÃO DE CATEGORIAS
4.	85	00:13:37	01:13:34	960m	14'11"/km	REENCONTRO DE CATEGORIAS
5.	999	00:13:23	01:26:57	1770m	7'34"/km	CHEGADA

HELGA



Orienteering Software