



TRAIL RUN F5 - ETAPA 7

MESSIAS - AL 21.8.2022

TRAIL RUN F5

Nem

TRAIL RUN F5

Course : 6 KM SOLO MASCULINO 50-59

Distance : 7900m (Climbing 214m)

Time : 0:58:46,539 (7'26"/km)

5/12

O.K.

[Full result on Webres](#)

1. Albinex	0:46:18,382
2. Carlinhos	0:51:12,640
3. Bolinha	0:55:09,363

1.	81	00:15:04		2640m	5'42"/km	INÍCIO DO DESAFIO 1KM
2.	82	00:09:38	00:24:42	1000m	9'38"/km	FIM DO DESAFIO 1KM
3.	83	00:14:04	00:38:46	1500m	9'23"/km	DIVISÃO DE CATEGORIAS
4.	85	00:09:43	00:48:29	960m	10'07"/km	REENCONTRO DE CATEGORIAS
5.	999	00:10:17	00:58:46	1770m	5'49"/km	CHEGADA

HELGA



Orienteering Software