



TRAIL RUN F5 - ETAPA 7

MESSIAS - AL 21.8.2022

TRAIL RUN F5

Thiara Calheiros

TRAIL RUN F5

Course : 6 KM SOLO FEMININO 30-39

Distance : 7900m (Climbing 214m)

Time : 1:27:21,656 (11'03"/km)

19/35

O.K.

[Full result on Webres](#)

1. Alesirlandra	0:49:24,507
2. Vanilla	0:50:06,660
3. Mirielle	0:57:58,058

1.	81	00:27:16		2640m	10'20"/km	INÍCIO DO DESAFIO 1KM
2.	82	00:12:09	00:39:25	1000m	12'09"/km	FIM DO DESAFIO 1KM
3.	83	00:20:38	01:00:03	1500m	13'45"/km	DIVISÃO DE CATEGORIAS
4.	85	00:13:49	01:13:52	960m	14'24"/km	REENCONTRO DE CATEGORIAS
5.	999	00:13:29	01:27:21	1770m	7'37"/km	CHEGADA

HELGA



Orienteering Software