



TRAIL RUN F5 - ETAPA 7

MESSIAS - AL 21.8.2022

TRAIL RUN F5

Pantera Negra

TRAIL RUN F5

Course : 6 KM SOLO FEMININO

Distance : 7900m (Climbing 214m)

Time : 0:53:24,046 (6'46"/km)

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O.K.

[Full result on Webres](#)

1. Janaina Araújo	0:46:26,664
2. Ranubia	0:47:18,937
3. Simone	0:48:55,242

1.	81	00:14:50		2640m	5'37"/km	INÍCIO DO DESAFIO 1KM
2.	82	00:09:00	00:23:50	1000m	9'00"/km	FIM DO DESAFIO 1KM
3.	83	00:11:45	00:35:35	1500m	7'50"/km	DIVISÃO DE CATEGORIAS
4.	85	00:08:50	00:44:25	960m	9'12"/km	REENCONTRO DE CATEGORIAS
5.	999	00:08:59	00:53:24	1770m	5'05"/km	CHEGADA

HELGA



Orienteering Software