



TRAIL RUN F5 - ETAPA 7

MESSIAS - AL 21.8.2022

TRAIL RUN F5

Alesirlandra

TRAIL RUN F5

Course : 6 KM SOLO FEMININO

Distance : 7900m (Climbing 214m)

Time : 0:49:24,507 (6'15"/km)

4/102

O.K.

[Full result on Webres](#)

1. Janaina Araújo	0:46:26,664
2. Ranubia	0:47:18,937
3. Simone	0:48:55,242

1.	81	00:14:37		2640m	5'32"/km	INÍCIO DO DESAFIO 1KM
2.	82	00:07:49	00:22:26	1000m	7'49"/km	FIM DO DESAFIO 1KM
3.	83	00:10:18	00:32:44	1500m	6'52"/km	DIVISÃO DE CATEGORIAS
4.	85	00:08:10	00:40:54	960m	8'30"/km	REENCONTRO DE CATEGORIAS
5.	999	00:08:30	00:49:24	1770m	4'48"/km	CHEGADA

HELGA



Orienteering Software