



TREINAMENTO DIA 4
BARBACENA-MG 23.8.2022
COMISSÃO DE DESPORTOS DA AERONÁUTICA

Cad Matheus

AFA

Course : H21A

Distance : 2900m (Climbing 155m)

Time : 1:00:19 (20'48"/km)

7/10

O.K.

[Full result on Webres](#)

1. Cad Leal	0:42:48
2. Cad Lourenço	0:52:00
3. Cad Natalli	0:54:18

1.	132	00:03:20		120m	27'47"/km
2.	148	00:03:52	00:07:12	111m	34'50"/km
3.	129	00:08:25	00:15:37	131m	64'15"/km
4.	137	00:10:14	00:25:51	665m	15'23"/km
5.	149	00:02:00	00:27:51	155m	12'54"/km
6.	143	00:07:38	00:35:29	470m	16'14"/km
7.	140	00:01:49	00:37:18	183m	9'56"/km
8.	146	00:03:17	00:40:35	199m	16'30"/km
9.	142	00:03:25	00:44:00	190m	17'59"/km
10.	136	00:03:14	00:47:14	105m	30'48"/km
11.	134	00:04:00	00:51:14	280m	14'17"/km
12.	131	00:05:36	00:56:50	85m	65'53"/km
13.	999	00:03:29	01:00:19	216m	16'08"/km

HELGA

Orienteering Software